

Adult 5-on-5 BASKETBALL



Fall 2010



**Pleasant Hill
Recreation & Park District**
People, Parks & Programs Since 1951

147 Gregory Lane, Pleasant Hill, CA 94523
www.pleasanthillrec.com **682-0896**

Drop-In Sports

Pleasant Hill Recreation & Park District Presents:

Adults Only!

Drop-In Basketball

Saturday 7-9 am
Fall and Winter only Sunday 8-10 am
Monday, Wednesday & Friday 4-6 pm
Cost: \$5 per person

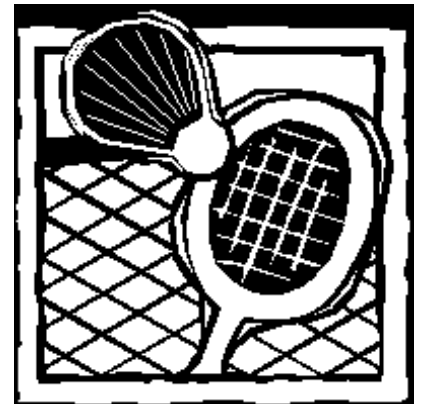


Drop-In Volleyball

Tuesday & Saturday 7:30-10 pm (Saturdays in Fall and Winter only)
Cost: \$5 per person

Drop-In Badminton

Sunday 11:00 am-1:00 pm
Cost: \$5 per person



B.Y.O.R.

Bring your own Racket
and Birds

Program for Adults, 18 years and older. All Drop-In programs are held at the Pleasant Hill Education Center Gym, located at 1 Santa Barbara Road, Pleasant Hill

For more information call
(925) 682-0896



DATE: July 19, 2010
TO: Team Representatives
FROM: Pleasant Hill Recreation & Park District
RE: Adult 5-on-5 Basketball League – Fall 2010

The Pleasant Hill Recreation & Park District is announcing its **2010 Fall** Adult 5-on-5 Basketball season.

One of the goals of the Pleasant Hill Recreation & Park District is to provide organized recreational opportunities for people of all ages. The leagues are set-up for competitive play but the overall goal is enjoyable participation for all. The District does not offer professional leagues. The main emphasis of the league is the recreational elements including the fun, enjoyment, good sportsmanship, and friendships that are developed.

FEES:

Cost	Registration Begins	Deadline For All Teams
\$660 + NR*	July 19, 2010	September 3, 2010

*NR = non-resident. Each player not living in the PH District must pay an additional fee of \$14. A maximum of 3 non-residents are charged per team.

The 2010 Fall Season will begin on September 30.

A percentage of your league and non-resident fees is designated for improvements to comply with the American Disability Act.

REGISTRATION:

Roster packets & fees can be mailed or dropped off at:

(DO NOT MAIL CASH!)

Attn: Adult 5-on-5 Basketball League
Pleasant Hill Recreation & Park District
147 Gregory Lane
Pleasant Hill, CA 94523-3348

No registration packets will be accepted after **September 3**. There are no refunds once a team is placed in a league. If league(s) are cancelled money will be refunded.

Any incomplete item in your packet (e.g. missing team or player information, and/or incomplete payment) can result in the entire packet being rejected – thereby losing priority for team entry

into the league. Pleasant Hill Recreation & Park District reserves the right to make FINAL JUDGMENT ON TEAM PLACEMENT.

The District will not contact your team regarding their acceptance into the league unless your team was not accepted or moved to a different league than you registered for.

ROSTERS:

Each team completes one roster per year. Players on a team's 2010 roster is valid for the 2010 calendar year.

Each player's information must be complete: name, address, phone number, driver license number and signature. If information is left out or your check bounces, the packet can be declared incomplete.

Roster additions and deletions must be made before 5:00 pm, Monday through Friday, prior to your game. This must be done at the Administrative Office or by mail with the League's "Add/Drop Form" (gym supervisors & scorekeepers do not handle additions or deletions). Roster additions must be made prior to the ninth game. Teams may carry a maximum of ten (10) players on their roster. *Only players on the team roster may participate.*

LEAGUE DETAILS:

- All games are held at the Pleasant Hill Education Center Gym at One Santa Barbara Rd.
- The leagues are scheduled to play on Sunday/Thu
- Game times are typically:

Thursday: 6:15, 7:10, 8:05, 9:00 p.m.

Sunday: 2:00, 3:00, 4:00, 5:00, 6:00, 7:00, 8:00, & 9:00 p.m.

NOTE: Teams may play on other nights not designated as above due to gymnasium availability, play-offs, makeup games, and/or size of a particular league.

League fees cover: The specified number of games, officials (2), scorekeeper, basketballs, sponsor trophy, gym maintenance and lighting.

Thank you for choosing Pleasant Hill Recreation.

PLEASANT HILL RECREATION & PARK DISTRICT

2010 5-on-5 BASKETBALL LEAGUE

ROSTER, AGREEMENT, WAIVER & RELEASE FORM

MEN'S: A ____, **B** ____, **C** ____

Fall ____, **Winter** ____
Spring ____, **Summer** ____

Team Name: _____ Team Rep: _____

Home Phone: _____ Work: _____ e-mail: _____

Address: _____ City: _____ Zip: _____

Asst. Team Rep: _____ Home Phone: _____ Work: _____

Address: _____ City: _____ Zip: _____

Other leagues played in—City and level: _____

Returning Teams—Previous Team Name & Season: _____

Please check here if you want your name and phone number given out to prospective players: []

NOTE: Any player information left blank, invalidates that person as a legitimate player on this roster. Please be sure an assistant representative has been specified, including their home and work phone number.

In consideration for being permitted by the above district to participate in the above activity, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance the above district (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as the result of my death or any injury or property damage that I may sustain while participating in said activity. I understand that no medical insurance is provided. I am eighteen years of age or older.

I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER, AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE DISTRICT AND I SIGN IT OF MY FREE WILL.

Last Name, First (Print):		Signature:	
Street:		City:	Zip:
Phone:	Driver's License:	Birth Date: / /	

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Team Rep: _____ Home Phone: _____ Work: _____

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