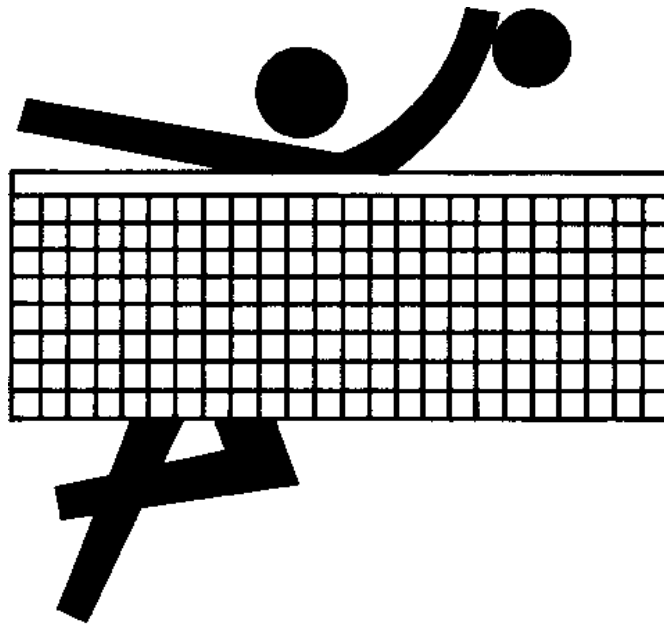


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**SUMMER 2008**

**New!**

**ADULT**  
**SAND VOLLEYBALL**



**Pleasant Hill  
Recreation & Park District**

People, Parks & Programs Since 1951

**District Office**

147 Gregory Lane, Pleasant Hill, CA 94523  
(925) 682-0896

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# Drop - In Sports

**Pleasant Hill Recreation & Park District Presents:**

**Adults Only!**

## Drop-In Basketball

Saturday 7-9 am  
Sunday 8-10 am  
Monday & Friday 4-6 pm  
Cost: \$5 per person



## Drop-In Volleyball

Tuesday & Saturday 7:30-10 pm  
Cost: \$5 per person

## Drop-In Badminton

Sunday 11:00 am-1:00 pm  
Cost: \$5 per person



**B.Y.O.R.**

Bring your own Racket  
and Birds



**Pleasant Hill  
Recreation & Park District**  
People, Parks & Programs Since 1951

147 Gregory Lane, Pleasant Hill, CA 94523

Program for **Adults**, 18 years and older. All Drop-In programs are held at the Pleasant Hill Education Center Gym, located at 1 Santa Barbara Rd., Pleasant Hill

**For more information call (925) 682-0896**



DATE: April 7, 2008  
 TO: Team Representatives, Managers or Coaches  
 FROM: Pleasant Hill Recreation & Park District  
 RE: 2008 PLEASANT HILL ADULT SAND VOLLEYBALL PROGRAM — SUMMER

The Pleasant Hill Recreation & Park District is announcing its NEW 2008 Summer Adult "SAND" Volleyball League. What better way to spend the summer than with a friendly game of Sand Volleyball in the great outdoors. With our two sand volleyball courts at Pleasant Hill Park and Rodgers-Smith Park we are happy to offer this new program. . See page 2 for leagues and nights all leagues are scheduled to play. This packet contains important information concerning our league. Please be sure to read all of it, so you will understand our registration process, roster form, league rules, league fees and the length of our season. A checklist is provided in this packet to help the Team Representatives turn in a complete registration packet.

The Summer Season will consist of a ten (10) game schedule followed by single elimination play-offs. All games will be self officiated.

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<u>COST</u>	<u>REGISTRATION</u>	<u>LAST DAY REG.</u>
<b>\$175+ NR*</b>	<u>BEGINS</u>	<u>PACKETS ACCEPTED</u>
	<b>April 7, 2008</b>	<b>May 15, 2008</b>

\* NR: Stands for non-resident. Each player not living in the District must pay an additional fee of \$5.

**The season will begin on July 7 and will run through September.**

A percentage of your league and non-resident fees will be designated for improvements to comply with the American Disability Act, and to pay for the increased electrical rates for the field lights & more.

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## PHILOSOPHY

One of the goals of the Pleasant Hill Recreation & Park District is to provide recreational opportunities for people of all ages. The Adult Sand Volleyball League provides the community with an opportunity to participate in an organized sport activity. The leagues are organized for competitive play but the overall goal is enjoyable participation for all. The District is not offering professional leagues. **The main emphasis of the league is the recreational elements including the fun, enjoyment, good sportsmanship, and friendships that are developed.**

## REGISTRATION

Registration will be taken by **MAIL ONLY** at:

**(DO NOT SEND CASH!)**

Attn: Adult Sand Volleyball League  
 Pleasant Hill Recreation & Park District  
 147 Gregory Lane  
 Pleasant Hill, CA 94523

Registration brought in person to the office will be placed in the mail drop and processed after the next working day's mail.

**Priority for filling the spots in the league will be on a first received, first placed basis.** Registration opens **April 7** for everyone and closes on **May 15**. No registration packets will be accepted after **May 15**. **ALL teams are encouraged to turn their packets in well before their registration deadline.** Turning your packet in early does not guarantee placement of your team. **There are no refunds once a team is placed in a league. If league(s) are cancelled money will be refunded.**

## ROSTERS

Please use the "Check List" to insure you have completed everything. Be sure all information is completed on the roster including each players name, address, phone number, drivers license number and signature. **If information is left out or your check bounces, the packet may be declared incomplete.**

Roster additions and deletions must be made before 5:00 pm, Monday through Friday, prior to your game. This must be done in person at the Administrative Office or by mail with the League's "Add/Drop Form" (umpires and scorekeepers will not handle any additions or deletions). **An added player may not use a dropped player's non-resident fee after July 7.** Roster additions must be made prior to the ninth game. No one may be added after the ninth game has been played. **Teams may carry a maximum of twelve (12) players on their roster.**

## SAND VOLLEYBALL RULES

The rules will be similar to those used by USA Sand Volleyball Association. We are currently investigating rules used by associations and other leagues too. All those rules will be discussed at the Team Representatives Meeting. Be sure to attend so your voice and input can be heard. Players needed to register are 6, if co-ed 3 men and 3 women.

Other pertinent rules, regulations, schedules and information will be discussed and handed out in a pamphlet at the team representatives meeting to be held **Tuesday, June 3, 7:00 pm, at School House, 2050 Oak Park Boulevard, Pleasant Hill, located across the street from Pleasant Hill Elementary School. All Team Representatives are Required to Attend the Meeting. (SEE ATTACHED FLYER!)**

## LEAGUE INFORMATION

The leagues are TENTATIVELY scheduled to play on the following nights:

<u>League</u>	<u>Night/Day</u>	<u>League</u>	<u>Night/Day</u>	<u>League</u>	<u>Night/Day</u>
Men's	Weekday or Weekend	Women's	Weekday or Weekend	Co-ed	Weekday or Weekend

**At the Team Representative's Meeting we will discuss the league options from those teams registered. Please place your preference on your roster form.**

NOTE: Teams may play on other nights not designated as above due to field availability, play-offs, makeup games, and/or size of a particular league. Remember, Pleasant Hill Recreation & Park District reserves the right to make FINAL JUDGMENT on TEAM PLACEMENT and does not guarantee placement of any team.

League fees cover: The specified number of games, court, net, volleyball, league awards.

Please see the checklist for mailing address, fees and roster.

*Adult Sand Volleyball*

**TEAM  
REPRESENTATIVE  
MEETING**

**Tuesday • June 3 • 2008**

**7:00 pm**

The School House

2050 Oak Park Boulevard

*(across the street from Pleasant Hill Elementary School)*

*Schedules & league information will  
be handed out at this meeting.*

**Those teams who do not attend will be charged  
\$20 to attend a special meeting at the office.**



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# SUMMER 2008 ADULT SAND VOLLEYBALL

## REGISTRATION CHECK LIST

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Check if completed

1. League fees enclosed?

\_\_\_\_\_ a. \$175.00 per Team [DO NOT SEND CASH!]

\_\_\_\_\_ b. \$5 for each Non-Resident

\_\_\_\_\_ c. Check made out to and everything **mailed** to:  
Attn: Adult Sand Volleyball League  
Pleasant Hill Recreation & Park District  
147 Gregory Lane  
Pleasant Hill, CA 94523-3348

\_\_\_\_\_ d. Team Name written on check

2. Roster Completed?

\_\_\_\_\_ a. Team representative's phone numbers & e-mail address

\_\_\_\_\_ b. Assistant Team Representative's home and work phone number.

c. Each Player's:

\_\_\_\_\_ 1. Name

\_\_\_\_\_ 2. Address

\_\_\_\_\_ 3. Phone Number

\_\_\_\_\_ 4. Signature

\_\_\_\_\_ 5. Driver's License Number

\_\_\_\_\_ 6. Date of Birth

\_\_\_\_\_ d. Choice of leagues has been specified (1, 2, 3).

\_\_\_\_\_ e. Team name chosen?

\_\_\_\_\_ f. Listed other leagues played in and team names.

\_\_\_\_\_ g. May your name be given to individual players looking for a team?

**Space is limited so, please register early!**

# PLEASANT HILL RECREATION & PARK DISTRICT 2008 SUMMER SAND VOLLEYBALL LEAGUE ROSTER, AND AGREEMENT, WAIVER & RELEASE FORM

MEN'S: \_\_\_\_ Please check your game preference (outcome will be discussed at Team Reps Meeting)

WOMEN'S: \_\_\_\_ Week Nights \_\_\_\_ or Weekends \_\_\_\_

CO-ED: \_\_\_\_

Team Name: \_\_\_\_\_ Team Rep: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ e-mail: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Asst. Team Rep: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Other leagues played in—City and level: \_\_\_\_\_

Please check here if you want your name and phone number given out to prospective players: [ ]

**NOTE:** Any player information left blank, invalidates that person as a legitimate player on this roster. Please be sure an assistant representative has been specified, including their home and work phone number.

In consideration for being permitted by the above district to participate in the above activity, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance the above district (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as the result of my death or any injury or property damage that I may sustain while participating in said activity. I understand that no medical insurance is provided. I am eighteen years of age or older.

**I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER, AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE DISTRICT AND I SIGN IT OF MY FREE WILL.**

Last Name, First (Print):		Signature:	
Street:		City:	Zip:
Phone:	Driver's License No:	Birth Date: / /	

Last Name, First (Print):		Signature:	
Street:		City:	Zip:
Phone:	Driver's License No:	Birth Date: / /	



# PLEASANT HILL RECREATION & PARK DISTRICT 2008 SUMMER SAND VOLLEYBALL LEAGUE ROSTER, AND AGREEMENT, WAIVER & RELEASE FORM

Team Name: \_\_\_\_\_

Team Rep: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_

In consideration for being permitted by the above district to participate in the above activity, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance the above district (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as the result of my death or any injury or property damage that I may sustain while participating in said activity. I understand that no medical insurance is provided. I am eighteen years of age or older.

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Street:	City:	Zip:	
Phone:	Driver's License No:	Birth Date:    /    /	

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Street:	City:	Zip:	
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